



**STERLING RIDGE  
ORTHOPAEDICS**  
—  
& SPORTS MEDICINE

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### **Post-Operative Medication Instructions**

All maintenance medications may be resumed the day after surgery.

Aspirin 81mg (1 tablet) every day for 30 days after surgery unless contraindicated

NSAID (anti-inflammatory) to be taken as prescribed for 2 weeks after surgery unless contraindicated

Antibiotic to be taken for 3-5 days as prescribed after surgery unless contraindicated

Pain medications and muscle relaxants to be taken as needed

Your surgeon will modify these medications according to your specific needs, surgery, medical health, etc. so please follow your surgeon's instructions that were given in the office. If you have further questions please contact the office before taking any of these medications.